



Registration Information + Forms

2015-2016 Season

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ATHLETE'S CODE OF CONDUCT

All athletes who participate as a part of the Hurdles First Track Club represent not only themselves, but also the organization and their families. We expect all Athletes to demonstrate high moral standards, good character, sportsmanship, and leadership on and off the track and field. We expect all Athletes to be gracious not only in victory but in defeat as well.

The following code of conduct must be read and signed by all athletes and their parent(s) or guardian.

1. Absolutely NO drugs, alcoholic beverages or cigarettes are to be consumed or in the possession of any member at any time.
Violation of this rule will be grounds for immediate expulsion from the club and termination of further participation in competition for the season.
2. There will be no public use of profanity, vulgar language, or behavior
 - a. No excessive bickering and arguing will be tolerated
 - b. Absolutely NO fighting will be allowed
3. All Athletes will respect the property of others:
 - a. No destruction of property, premises or facilities during practices or competitions
 - b. No stealing or damaging of another person's personal belongings
4. All Athletes must inform a coach, official, or parent volunteer before leaving the premises during all practices and competitions
5. All Athletes will compete in designated Hurdles First Track Club's uniform or colors ONLY (red, white and/or black).
 - a. No briefs or panties will be allowed
 - b. No white biker shorts or unitards will be worn uncovered
 - c. No eyewear unless prescription glasses will be worn during competition**Violation of any of the above will be grounds for immediate disciplinary action.**

As a member of Hurdles First Track Club:

- I will strive to do my best at all practices and competitions.
- I will show good sportsmanship and respect for myself and all other athletes.
- I will respect *all* coaches, administrators, officials, and volunteers at **all** times.

I have read the above code of conduct and hereby pledge to live up to my responsibility as a Hurdles First Track Club athlete by following this code of conduct and all other club rules.

Date

Athlete's Name

Athlete's Signature

Date

Parent's Name

Parent's Signature



PARENT/GUARDIAN RESPONSIBILITIES

All Hurdles First Track Club parents must remember that as a part of the Hurdles First Track Club, you represent not only yourself but the organization and your family, and we expect that all parents will be responsible, moral, and ethical adults who demonstrate good character, sportsmanship, and leadership at all times. We expect all parents to set a good example and be gracious not only in victory but also in defeat. For everyone's safety and well-being, the following rules must be followed:

1. Absolutely NO drugs, alcoholic beverages, or cigarettes are to be used during any Hurdles First Track Club sponsored events.
2. Parents/guardians are responsible for all transportation to and from practice and meets. Parents are responsible for all travel expenses to out-of-town meets. Parents are responsible for getting their children to practice *on-time* and picking them up *on-time*. *Coaches will not leave the premises until all athletes have been picked up.*
3. Parents/guardians must not take their children from practice or meets, or competition premises without notifying the appropriate Hurdles First Track Club coach or administrator.
4. Parents should inform the appropriate Hurdles First Track Club coach or administrator in advance when your child will be missing practice for an extended period of time.
5. Parents are responsible for getting updated information if they miss meetings or practices.
6. Parents are not to conduct any additional practices or training during the season unless it is first discussed and approved by your child's coach.
7. Parents will not exercise on the track during scheduled practice time.
8. Parents should speak to coaches before or after practice, not during.
9. Parents will respect ALL coaches, officials, and administrators during all practices and meets.
10. Parents must inform the coaches of any special needs that your child may have.
11. Parents may have some input but will accept the coaches' and child's decision about which events their child will compete in during the season.
12. Parents will be supportive of their child and not put unnecessary pressure on them to participate.

I have read and hereby agree to live up to the above responsibilities as a Hurdles First Track Club parent and/or guardian.

Date

Parent's Name

Parent's Signature

Date

Parent's Name

Parent's Signature



REGISTRATION FORM

ATHLETE

First

Middle

Last

Address

Birthdate

Age

Sex

F M

School

Last Grade Completed

Phone

Email Address

FAMILY (Information for Parent/Guardian)

First

Middle

Last

Address

Phone Number

Email Address

Emergency Contact Name

Emergency Contact Phone

MEDICAL INFORMATION

A current (within past 9 months) doctor's physical exam required.

Please list any known allergies, medical conditions or physical limitations:

Do you use an inhaler? Yes No

Doctor's Name _____ Phone Number _____

Dentist's Name _____ Phone Number _____

Insurance Provider _____ Policy Number _____

I grant permission for treatment deemed necessary for a condition arising during participation in club-sponsored activities, including medical or surgical treatment recommended by a medical doctor. I understand that every effort will be made to contact me or my child's physician prior to treatment.

Date Parent's Name Parent's Signature

For Membership: Please provide PROOF of AGE for athlete (copy of birth certificate, driver license, etc.) and the team membership fee along with Registration Form. Fee covers annual Club membership, USATF registration, and Club expenses (equipment, insurance, and team T-shirt). **Travel expenses and uniforms are not included.** Sibling/family discount available; please discuss with Head Coach..

Make all funds payable to **Hurdles First Track Club.**

FOR OFFICE USE ONLY

Birth Certificate _____

Registration Fee _____

Age Group _____

Physical Exam Received _____

USATF # _____



HOLD HARMLESS/WAIVER AGREEMENT

In consideration of my child's involvement in track and field events, I acknowledge that participation in these events may carry some risks. I waive and release the Hurdles First Track Club and all coaches, sponsors and their successors from any and all claims or liabilities of any kind arising out of my child's participation in these club and/or team activities, including any liability that may arise out of negligence or carelessness on the part of the persons named in this waiver. Further, I hold harmless Hurdles First Track Club program from any and all claims that may arise from said participation. As parent/guardian, I agree to allow my child to participate as a part of the Hurdles First Track Club. I agree to allow my child to participate in athletic and team-sponsored events and travel with the team.

As an athlete, I acknowledge that I should not enter and/or run in team activities and sports unless I am medically able and properly trained to do so. I assume all risks associated with running and volunteering to work in team races.

Date

Athlete's Name

Athlete's Signature

Date

Parent's Name

Parent's Signature



IMAGE RELEASE

In consideration of my child's participation in any way in the Hurdles First Track and Field program, related events and activities, the undersigned agrees that such participants likeness may be photographed or videotaped and that such image may be published in our outlet used to promote or publicized the sports program.

Date

Athlete's Name

Athlete's Signature

Date

Parent's Name

Parent's Signature